



Perfect your pout with this lip-smackingly delish homemade gloss!

Flavoured with everyone's fave treat, chocolate, it's surprisingly simple to make and guaranteed to get your lips looking and feeling fab. Get together with your mates and whip up enough for all of you to get glossy and gorgeous!

Ingredients

- Small bar of white chocolate, or a handful of white chocolate chips
- Vaseline
- Olive oil or castor oil

Equipment

- Mixing bowl
- Teaspoon
- Mixing spoon
- Microwave and microwaveable container (or oven hob, a saucepan and a heat proof bowl)
- Small pot or container with lid



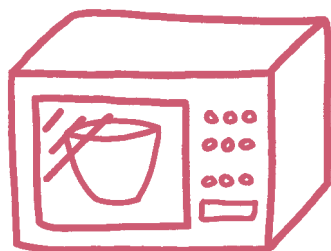
Instructions Melting The Chocolate

First of all you need to melt the chocolate. There are two ways you can do this:

Method 1

Put the chocolate into a small microwaveable container. If you're using a bar rather than chocolate chips, break it into pieces.

Put the container into the microwave and heat for 1 minute. Take the container out and stir the chocolate, before heating for a further 30 seconds. Stir again, and if the chocolate still isn't completely melted, keep heating and stirring until it's runny.



Method 2

Half fill a saucepan with water and bring it to the boil on the hob. As it's boiling, put your chocolate into a heat proof bowl that's big enough to sit on top of the saucepan.

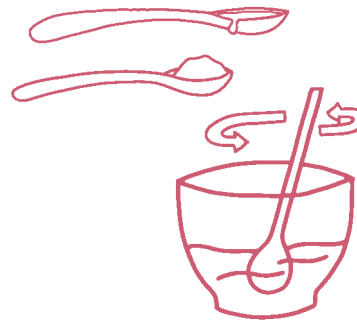
As before, if you're using a bar of chocolate, break it into small pieces. When the water begins to boil, carefully rest the bowl on top of the saucepan and slowly stir the chocolate inside. It's very important that you don't let any of the water from the pan splash into your chocolate bowl – this will stop the chocolate from melting. When your chocolate is runny and completely melted, remove the saucepan from the heat and set the bowl aside.



Whichever method you use to melt your chocolate, be very careful. The containers and chocolate will all get very hot, so use oven mitts to protect your hands. It's a good idea to ask an adult to give you a hand with this part of the process.

Instructions Making the lipgloss

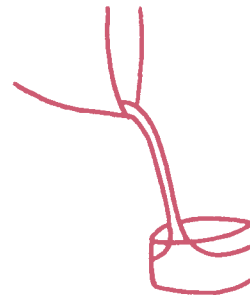
1 Into your mixing bowl, scoop one teaspoon of Vaseline and one teaspoon of melted chocolate. Add four drops of olive oil or castor oil and stir all the ingredients together. This will make enough lip gloss to fill one small pot. If you want to make more, just double or triple the amounts you use, always making sure you keep the quantities of chocolate and Vaseline equal.



2 At this stage, your lip gloss will be quite runny, but don't panic! When it's mixed, pour into a small pot or container and place in the fridge for two to three hours. It should feel quite firm to touch when you take it out.



3 Fit the lid onto your container - you might even want to decorate it with your own Cocoa Lip Gloss label - and you're done! To wear, just scoop a little bit of gloss onto your finger tip and rub it over your lips.



ALTERNATIVE

GLITZ & GLAM: Try adding a sprinkle of very fine glitter to the mixture for a super-sparkly pout.

FUNKY FLAVOURS: Make a yummy chocolate-orange flavoured gloss by stirring in a splash of orange juice, or go for mint-choc with a few drops of peppermint flavouring.

COLOUR ME BEAUTIFUL: Add just two drops of red food colouring to the mixture to give your lips a hint of pink. If you'd prefer a smart coffee-coloured tint, use milk chocolate instead of white chocolate chips.

TOP TIP:

Not sure what kind of container to stash your gloss in? Try asking mum or your big sis if they've got any old make-up pots you can clean and recycle.

If you're planning to use lots of gloss you could try a slightly bigger container like a baby-food jar or camera film canister, or check out the travel section in your local chemist or pharmacy. They often sell little pots and containers for taking make-up on holiday and some of these are the perfect size for filling with lip gloss.