



Want to try some needle work or stitching,
but don't know where to start?

Find out how with our step-by-step guide! This is a clear and easy way to get started!

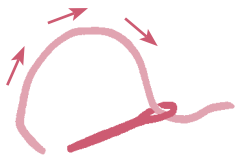
Equipment

- Needle
- Thread
- Material

Instructions

Backstitch

1 To start, bring the thread up from the back of the fabric and make a small backward stitch down through the fabric



2 Bring the needle back up a little in front of the first stitch.



3 Push the thread down through the fabric making a second stitch backward.



4 Bring the needle out a little in front of the second stitch. Repeat.

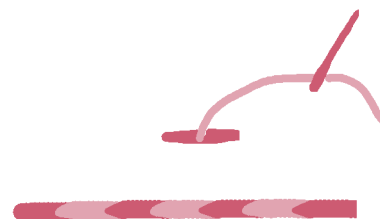


Split Stitch

1 This stitch is for a continuous running line. To start, bring the thread up from the back of the fabric and make a small forward stitch down through the fabric.



2 Bring the needle back up for the next stitch through the centre of the previous stitch, 'splitting' the threads. Repeat.



Star Stitch

1 First, start by stitching a 'cross'.



2 Then stitch an 'X' over the top.



3 Finish with a tiny stitch across the centre to prevent snagging.



Blanket Stitch

1 To start make a diagonal stitch working from left to right.



2 To make the next stitch bring the needle up, come up under the first one, pulling the floss down to make a right angle.



3 Repeat.



Running Stitch

1 To start, bring the thread up from the back of the fabric and make a small forward stitch down through the fabric.



2 Leave a gap about the same length as the stitch and bring the thread back up from the back of the fabric. Repeat.



3 To work quickly, run your needle through several folds of fabric at once.



Threaded Back Stitch

- 1 Stitch a row of back stitch, make the stitches slightly longer and looser than usual.



- 2 Weave a second thread (it's good to use a different colour thread) up and down behind the row of back stitch but not going through the fabric.



Chain Stitch

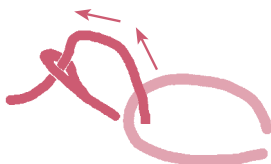
- 1 Bring the needle up through the fabric and hold a small loop of thread with the left thumb against the fabric.



- 2 Insert the needle back down in the same place that it came out.



- 3 Push the needle back up through the fabric just inside the loop.



- 4 With the loop of thread under the stitch, push the needle back down through the fabric on the outside of the previous stitch. Repeat.



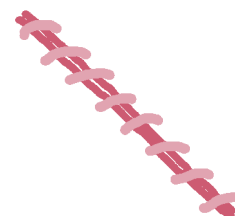
Whip Stitch

This stitch is used to sew the edges of two pieces of fabric together when the outside of the fabric is visible. The stitches should be small and neat.

- 1 Push your needle through from front to back and pull the thread through. Take as small a section as possible so that the finished piece stays flat and un-puckered.



- 2 Stitch over the opening of the fabric and then repeat the sewing motion, pushing the needle through from front to back and pulling the thread through until the opening is closed.



Cross Stitch

- 1 Push the needle up through the fabric on the lower right and push it down through the fabric, up and to the left, making a diagonal stitch. This is one half of the cross.



- 2 To complete the cross, push the needle up through the fabric on the upper right and push it back through the fabric, down and to the left. Repeat.



Embroidered Hearts

- 1 First draw a small heart shape onto the fabric.



- 2 Stitch straight stitches close together across the heart shape, beginning at the bottom point of the heart and working upwards. Stitch to the outside of the drawn heart shape so that the line does not show.



Embroidered Flowers

- 1 Bring the needle up through the fabric and hold a small loop of thread with the left thumb against the fabric.



- 2 Insert the needle back down near to the same place that it came out.



- 3 Push the needle back up through the fabric bringing the point of the needle out just inside the loop.



- 4 With the loop of thread under the stitch, push the needle back down through the fabric. This will fasten the loop made with a small stitch.



- 5 Repeat until you have a complete flower.

